

Noncreditable Foods in the

AFTERSCHOOL SNACK PROGRAM (ASP)

Noncreditable foods are foods and beverages that cannot credit toward the U.S. Department of Agriculture (USDA) ASP meal pattern. Some noncreditable foods can be served in addition to the snack components to add variety, help improve acceptability in the meal and satisfy appetites. Examples include maple syrup on pancakes, salad dressing on tossed greens and condiments such as ketchup or mustard on sandwiches and other entrees. Other noncreditable foods, such as coffee, tea, soda and candy, cannot be served in the ASP.

The Connecticut State Department of Education (CSDE) encourages menu planners to limit noncreditable foods in ASP menus. These foods often contain little nutritional value and are high in fat, sugars and sodium. Menu planners should read labels, be aware of the ingredients in foods and limit the frequency and amount of less nutritious choices.

The chart below lists some examples of noncreditable foods. This list does not include all possible noncreditable foods. For more information, see the CSDE's [Crediting Foods](#) Web page.

Examples of Noncreditable Foods			
Bacon and bacon bits	Eggnog	Iced coffee *	Pudding
Banana chips	Egg whites	Iced tea *	Pudding pops
Bread products that are not whole or enriched	Frozen yogurt	Jam, jelly	Salad dressings
Butter	Fruit drink, fruit beverage, powdered fruit drink mix *	Jerky, e.g., meat, poultry or fish	Sherbet
Candy *	Fruit punch (if not 100 percent juice)	Lemonade	Smoked snack sticks made with beef and chicken
Candy-coated popcorn *	Fruit snacks, e.g., fruit roll-ups, wrinkles, twists	Limeade	Soda, regular and diet *
Caramel popcorn *	Fruit leathers (100% fruit)	Maple syrup	Soups, canned, e.g., beef barley, beef noodle, turkey or chicken noodle, and turkey or chicken rice
Chocolate drinks, e.g., Yoo-Hoo	Gelatin, flavored or sugar free	Margarine	Sour cream
Coffee (regular, decaffeinated and iced) *	Grains that are not whole or enriched *	Marshmallows	Sports drinks *
Condiments, e.g., ketchup, mustard, relish, barbecue sauce	Honey	Mayonnaise	Spreadable fruit
Cranberry cocktail drink	Hot chocolate	Mustard	Summer sausage
Cream, half and half	Ice cream	Nectar drinks	Syrup
Cream cheese	Ice milk	Pepperoni sticks	Tea, regular, herbal and iced *
Cream soups, canned, e.g., cream of mushroom, cream of celery, cream of broccoli		Popcorn	
Dried meat or poultry snacks, e.g., jerky or nuggets		Popcorn cakes	
		Popsicles (not 100% juice)	
		Potato chips	

* These noncreditable foods should not be served in the ASP.



NONCREDITABLE FOODS IN THE ASP, continued

RESOURCES

ASP Web Site (CSDE):

www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=320648

ASP Web Site (USDA):

www.fns.usda.gov/school-meals/afterschool-snacks

Child Nutrition (CN) Labeling:

www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/cnlabel.pdf

Crediting Foods (CSDE Web Page):

www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333796

Food Buying Guide for Child Nutrition Programs:

www.fns.usda.gov/tn/food-buying-guide-for-child-nutrition-programs

List of Acceptable Foods and Beverages:

www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=322432

Menu Planning (CSDE Web Page):

www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=333780

Menu Planning Guide for School Meals:

www.sde.ct.gov/sde/cwp/view.asp?a=2626&q=334320

Product Formulation Statements:

www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/nslp/crediting/pfs.pdf



For more information, visit the CSDE's [ASP](#) and [Crediting Foods](#) Web pages or contact the [school nutrition programs](#) staff in the CSDE Bureau of Health/Nutrition, Family Services and Adult Education, 25 Industrial Park Road, Middletown, CT 06457.

This handout is available at www.sde.ct.gov/sde/lib/sde/pdf/deps/nutrition/snack/aspnoncred.pdf.

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